

May 21	May 22	May 23	May 24	May 25	May 26	May 27
CrossFit Trial 0/8 6:00 AM–7:00 AM	Barbell Club (Coming Soon!) Open 6:00 AM–7:00 AM	Met Con 0/22 6:00 AM–7:00 AM	CrossFit (Coming Soon!) Open 6:00 AM–7:00 AM	Met Con 0/22 6:00 AM–7:00 AM	CrossFit Trial 0/8 9:00 AM–10:00 AM	CrossFit Trial 0/8 9:00 AM–10:00 AM
CrossFit 0/14 7:00 AM–8:00 AM	Met Con 0/22 7:00 AM–8:00 AM	CrossFit 0/14 7:00 AM–8:00 AM	Barbell Club 0/14 7:00 AM–8:00 AM	CrossFit 0/14 7:00 AM–8:00 AM	CrossFit 0/14 10:00 AM–11:00 AM	Met Con 0/22 10:00 AM–11:00 AM
Met Con 0/22 8:00 AM–9:00 AM	CrossFit 0/14 8:00 AM–9:00 AM	CrossFit (Coming Soon!) Open 8:00 AM–9:00 AM	Met Con 0/22 8:00 AM–9:00 AM	CrossFit (Coming Soon!) Open 8:00 AM–9:00 AM	Met Con 0/22 11:00 AM–12:00 PM	CrossFit 0/14 11:00 AM–12:00 PM
CrossFit (Coming Soon!) Open 5:00 PM–6:00 PM	CrossFit (Coming Soon!) Open 5:00 PM–6:00 PM	Met Con (Coming Soon!) Open 5:00 PM–6:00 PM	CrossFit (Coming Soon!) Open 5:00 PM–6:00 PM	Met Con 0/22 5:00 PM–6:00 PM	Barbell Club (Coming Soon!) Open 12:00 PM–1:00 PM	CrossFit (Coming Soon!) Open 12:00 PM–1:00 PM
Met Con 0/22 6:00 PM–7:00 PM	CrossFit 0/14 6:00 PM–7:00 PM	CrossFit Trial 0/8 6:00 PM–7:00 PM	Met Con 0/22 6:00 PM–7:00 PM	CrossFit 0/14 6:00 PM–7:00 PM	CrossFit (Coming Soon!) Open 1:00 PM–2:00 PM	
CrossFit 0/14 7:00 PM–8:00 PM	Met Con 0/22 7:00 PM–8:00 PM	Met Con 0/22 7:00 PM–8:00 PM	CrossFit 0/14 7:00 PM–8:00 PM			
Barbell Club (Coming Soon!) Open 8:00 PM–9:00 PM	CrossFit (Coming Soon!) Open 8:00 PM–9:00 PM	CrossFit (Coming Soon!) Open 8:00 PM–9:00 PM	Met Con (Coming Soon!) Open 8:00 PM–9:00 PM			